

The Weill Cornell Brain and Spine Center is a world-class provider of minimally invasive surgical techniques for the treatment of the full spectrum of neurological disease in children and adults. The Brain and Spine Center leads in the utilization of high-tech computerized diagnostic and treatment tools and the use of three-dimensional visualization in the operating room. It also serves as a premier training center for neurosurgeons of the future and has achieved remarkable breakthroughs in research.

We have multiple locations to better serve our patients:

**Upper East Side**

1305 York Avenue (@70th Street)  
New York, NY 10065

**Lower Manhattan**

156 William Street, 11th Floor  
New York, NY 10038

**Downtown Brooklyn**

408 Jay Street, Suite 300  
Brooklyn, NY 11201

**Astoria**

27-47 Crescent Street, Suite 203  
Astoria, NY 11102

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**Call today to schedule a consultation**

**Spine Center:** 212.746.7874

**Fax:** 212.746.8387

**Toll-free:** 1-888-922-2257 (1-888-WC BACKS)

**Use our online form to get more information or to request an appointment:**

[weillcornellbrainandspine.org/spine](http://weillcornellbrainandspine.org/spine)

Our website also offers in-depth information on dozens of spine conditions and procedures

**Follow us on Facebook for news and updates**



[Facebook.com/WeillCornellBrainandSpine](https://www.facebook.com/WeillCornellBrainandSpine)

# Getting You Back in Action!



Stefano Kaslowski climbs to the summit of Mt. Elbrus, just weeks after minimally invasive surgery to remove a spinal tumor

World-class spine  
specialists

The most advanced  
treatment options

A team approach  
to individual care

## Tired of Living with Back and Neck Pain?

Millions of people experience back or neck pain at some point in their lives, making simple, everyday living a challenge. The Weill Cornell Brain and Spine Center's team of world-class spine specialists is dedicated to helping you regain function and getting you back to enjoying life again.

**"When I found out I had a spine tumor I thought I'd have to call off my next climb. But Dr. Härtl's technique allowed me to regain my strength very quickly. I reached the summit of Mount Elbrus, the highest mountain in Europe, just weeks after my surgery."**

**— Stefano Kaslowski**



### Our Three-Step Plan

- 1. Expert, Accurate Diagnosis.** Too many people suffer from back or neck pain from unknown causes—or worse, due to a misdiagnosis. Our world-class experts will pinpoint the exact cause of your pain to determine the most effective treatment.
- 2. Comprehensive Treatment:** Our team approach allows us to draw on expertise from a wide range of medical disciplines. After assessing your case, the spine team will tailor a treatment plan that may include physical therapy, medication, interventional pain management, acupuncture, and movement therapies. When surgery is part of the plan, we offer the most advanced minimally invasive techniques, including lateral access surgery that dramatically shortens your recovery time. We offer on-site rehabilitation, led by physical therapists whose holistic spine rehabilitation includes therapeutic exercise, manual techniques, yoga, McKenzie technique, and pool therapy.
- 3. Patient/Doctor Partnership:** Patient education is one of the hallmarks of our approach. We consider you our partner in collaboratively planning the most effective and customized approach to restoring you to health.



**We're here to help**  
**1-888-922-2257 (1-888-WC BACKS)**  
**[weillcornellbrainandspine.org/spine](http://weillcornellbrainandspine.org/spine)**

## The Best Doctors + the Best Hospital = the Best Outcomes

Don't trust your back to just anyone—at the Weill Cornell Brain and Spine Center you'll be treated by top specialists at the #1 hospital in New York. Our spine surgeons are internationally recognized leaders in their field, and NewYork-Presbyterian has been named by **U.S. News & World Report** as one of America's Best Hospitals for 15 years in a row. When you choose the Weill Cornell Brain and Spine Center, you're making the best choice for your back. No wonder our Center was chosen by the New York Giants for the expert care of their players!

### Specialists in Advanced and Minimally Invasive Techniques...

We understand how important it is to get back on your feet quickly after surgery. That's why we specialize in minimally invasive surgery, usually with no overnight hospital stay. Recovery times are short, and you'll be up and around in days, not weeks.



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| <p>Dr. Roger Härtl, Co-Director of the Spine Center, is a prominent researcher as well as the neurosurgeon for the New York Giants.</p> | <p>Dr. Eric Elowitz specializes in minimally invasive spine surgery for herniated discs, spinal stenosis, and spinal tumors.</p> | <p>Dr. Kai-Ming Fu specializes in scoliosis and spinal deformity, with expertise in reconstructive and oncological surgery.</p> | <p>Dr. Ali Baaj is accomplished in both minimally invasive and open complex spinal reconstruction, as well as spinal oncology.</p> | <p>Dr. Athos Patsalides is an interventional neuro-radiologist who specializes in kyphoplasty, vertebroplasty, and spinal tumors.</p> | <p>Dr. Samuel Kim, who specializes in minimally invasive spine surgery, sees patients at the Weill Cornell Spine Center in Lower Manhattan.</p> |
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### ...Offering the Latest in Treatment Options

- Computer navigation for spine surgery
- Intra-operative CT scans for spine surgery
- Artificial disc implantation
- Motion preservation without spinal fusion
- Neurocritical care for traumatic injuries
- Spinal reconstruction for scoliosis
- Lateral access surgery
- Vertebroplasty/kyphoplasty
- Spinal instrumentation for complex cervical problems
- Sacroiliac joint surgery
- Implantable drug delivery systems
- Spinal cord and peripheral nerve stimulators

### We're With You All the Way



We understand how difficult back trouble can be. That's why we offer cognitive behavior therapy (CBT) to help you treat the psychological elements of your pain. Amanda Sacks-Zimmerman, PhD, ABPP-CN, is a board-certified neuropsychologist who works with Spine Center patients, offering group sessions and psychotherapy to those patients who need help dealing with pain.

### Leading the Way Into the Future

Our faculty members are leaders in their field, performing advanced research and publishing scholarly articles on all aspects of spinal care. In fact, Cornell University biotechnologists and our spine center's surgeons are now testing a promising alternative to artificial disc implants: bioengineered discs that actually integrate into the spine!